

ABSTRACT

An embodiment of the invention includes an apparatus for pressing an edible article. The apparatus includes a holding device including a channel for circulating a cooling liquid and also including independently suspended plungers. Each independently suspended plunger includes a lower part having a non-circular cross-section and at least two upper parts each having a circular cross-section. The lower part includes a pressing surface configured to be pressed into contact with an edible mass. The at least two upper parts each include a sliding surface supported by an opposing sliding surface that defines an opening of the holding device. The lower part and the at least two upper parts are separate parts that are joined together.